



FOOD DEMONSTRATION

July 25, 2017

12:10 – 12:55pm

Eat Better, Feel Better

Join us for an interactive and engaging live food demonstration where the presenter will teach you how to create healthy summer meals. Learn new meal ideas and how to combine colorful fruits and vegetables into a tasty, satisfying meal. Samples offered.

LOCATION:

SFHSS Wellness Center
1145 Market Street, Suite 100
San Francisco, CA 94103
(415) 554-0643

RSVP AT <https://fooddemo.eventbrite.com>