



Join us at the

FITNESS FAIR

April 26, 2017 | 11:00am – 2:00pm

Get moving today! Attend the **Wellness Center's Fitness Fair on Wednesday, April 26th** and learn about the free, low-cost, and discounted services available to employees and retirees.

- Exercise Demonstrations
- Health Plan Fitness Resources
- Fitness Center Discounts
- Register for the Play Your Way 30-Day Challenge
- FREE Giveaways!

LOCATION:

SFHSS Wellness Center
1145 Market Street, Suite 100
San Francisco, CA 94103
(415) 554-0643

FOR MORE INFORMATION VISIT:

<http://myhss.org/well-being/events.html>